

It is very important to practice discernment during this process. As Christ followers we have the power of the Holy Spirit and are able to rebuke the devil and his demons. Demons love to put intrusive thoughts into our mind, speaking to us to cause confusion, and discouraging us from doing things that would be healing. Demons love to keep us fighting each other and they hate marriage. It is very important to test every thought according to scripture and what Jesus would say or do. Is it loving? If you hear a voice ask yourself, is it truly the Holy Spirit or a demon? Can you sense an emotion behind the voice? There will often be annoyance and disgust behind the voice of a demon. God only ever teaches us with love and patience. He does not expect us to already have the answers or know. God wants us to cry out to Him so that He can answer us and is not annoyed by us asking Him questions or seeking Him. Demons will typically respond faster than the Holy Spirit. If you are praying and you feel you hear a voice immediately regarding what to do, it is very important that you test it according to scripture. If the voice interrupts you while praying, that is not the Holy Spirit. The Holy Spirit wants us to pray and demons do not. Demons speaking will sometimes sound almost like an audible voice whereas the Holy spirit is a still small voice, sense, or feeling that you can put words to.

If you are experiencing images, intrusive thoughts, demonic dreams (scary, sexual, anxiety feeling) it is important to take the authority that you have in Christ and rebuke it.

Non-exhaustive List of Verses:

If you then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give the Holy Spirit to those who ask him!

Luke 11:13

Submit yourselves, then, to God. Resist the devil, and he will flee from you.

James 4:7

But you have received the Holy Spirit, and he lives within you, so you don't need anyone to teach you what is true. For the Spirit teaches you everything you need to know, and what he teaches is true—it is not a lie. So just as he has taught you, remain in fellowship with Christ.

1 John 2:27

Proverbs 2

Beloved, do not believe every spirit, but test the spirits to see whether they are from God, for many false prophets have gone out into the world.

1 John 4:1

But solid food is for the mature, for those who have their powers of discernment trained by constant practice to distinguish good from evil.

Hebrews 5:14

For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart.

Hebrews 4:12

If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him.

James 1:5

But test everything; hold fast what is good.

1 Thessalonians 5:21

For such men are false apostles, deceitful workmen, disguising themselves as apostles of Christ. And no wonder, for even Satan disguises himself as an angel of light. So it is no surprise if his servants, also, disguise themselves as servants of righteousness. Their end will correspond to their deeds.

2 Corinthians 11:13-15

Behold, I am sending you out as sheep in the midst of wolves, so be wise as serpents and innocent as doves.

Matthew 10:16

Now the Spirit expressly says that in later times some will depart from the faith by devoting themselves to deceitful spirits and teachings of demons.

1 Timothy 4:1